

For Immediate Release

Sterling Multifamily Trust Announces Dividend and Distribution

Company Release – September 30, 2026

FARGO, NORTH DAKOTA – Sterling Multifamily Trust’s Board of Trustees met on September 22, 2026 and declared its 95th consecutive quarterly dividend of \$0.3188 per share payable on October 15, 2026 to shareholders of record at the close of business September 30, 2026. This dividend represents a 5.0% annual yield given the current share price of \$25.50 per share.

Also on September 22, 2026, Sterling’s Board of Trustees, acting as General Partner of Sterling Multifamily Properties, LLLP, declared its 94th consecutive quarterly distribution of \$0.3188 per unit payable on October 15, 2026 to Limited Partnership unitholders of record at the close of business June 30, 2026. This distribution represents a 5.0% annual yield given the current unit price of \$25.50 per unit.

ABOUT STERLING MULTIFAMILY TRUST

Sterling Multifamily Trust is a registered, but unincorporated business trust formed in North Dakota to invest in primarily multifamily dwellings. The Trust operates as an Umbrella Partnership Real Estate Investment Trust, and holds all of its assets through Sterling Multifamily Properties, LLLP, which the Trust controls as General Partner. For more company information, visit our website at www.sretrust.com or www.sec.gov.

For Additional Information
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